

BETTER DAYS

Chorégraphes : Mario & Lilly Hollnsteiner
Description : 32 Temps, 2 murs
Niveau : Débutant
Musique : « BETTER DAYS » by Krisly Lee Aker



HEEL, STEP, HEEL, HOOK, STEP, TOGETHER, STEP, SCUFF

- 1-2 Touch Right Heel Forward – Step Right beside the left
- 3-4 Touch Left Heel Forward – Hook Left behind the Right
- 5-6 Step Left to the Left – Step Right beside the Left
- 7-8 Step Left forward – Scuff Right beside the Left

JAZZBOX, CROSS, ¼ TURN ROCK STEP, STEP, SCUFF

- 1-2 Cros Right over the Left – Step Left short-back
- 3-4 Step Right to the Right – Cross Left over the Right
- 5-6 Rock Right to the Right – Recover you weight on to the Left, turning ¼ turn to the Left at the same time
- 7-8 Step Right Forward – Scuff Left beside the Right

GRAPEVINE, ¼ TURN HOOK, GRAPEVINE

- 1-2 Step Left to the Left – Cross Right behind the Left
- 3-4 Step Left to the Left – Hook Right over the Left, turning ¼ turn to the Right at the same time
- 5-6 Step Right to the Right – Cross Left behind the Right
- 7-8 Step Right to the Right – Scuff Left beside the Right

BRUSH, SCUFF, BRUSH, SCUFF, ½ TURN PIVOT, STEP, STOMP

- 1-2 Step Left Forward with an arch to the Left – Scuff Right beside the Left
- 3-4 Step Right Forward, with an arch to the Right – Scuff Left beside the Right
- 5-6 Touch Left Forward – Pivot ½ Turn to the Right, on to the Right Foot
- 7-8 Step Left Forward – Stomp Right beside the Left

